INTERNATIONAL PROGRAMS
PACKING LIST

Use this list as a guideline as you pack for your program abroad. The items that are marked with an asterisk (*) should be packed in your carry-on bag. Read your Site Specific Packet, monitor the weather, and research your program's location for additional packing tips.

GENERAL CLOTHES
- Athletic Shoes
- Belt
- Casual tops
- Dress Shoes
- Dress shirt
- Dresses/Skirts
- Exercise Wear
- Jeans
- Pants
- Shorts/capris
- Sleepwear
- Socks
- Sweater/Sweatshirt
- Undershirts/Bras
- Underwear

PRO TIP
Wear your International Programs garnet t-shirt as you travel to your study abroad destination to help our staff identify you at the airport, if there is a pick-up provided.

SEASONAL CLOTHES
- Boots
- Fall/Winter Hat
- Gloves
- Jacket/Coat
- Raingear
- Sandals
- Scarves
- Swimsuit

TOILETRIES
- Body Lotion
- Body Soap
- Cleanser
- Contact Lens Care
- Contacts/Glasses*
- Deodorant
- Feminine Hygiene products
- Hair Ties/Clip
- Hairbrush/Comb
- Makeup
- Moisturizer
- Razor
- Shampoo/Conditioner
- Sunscreen
- Toothbrush
- Toothpaste
- Tweezers

Bring copies of these documents with you and leave spare copies with family members in the U.S.
- CISI Insurance Card copy*
- Credit/Debit Cards*
- Driver's License*
- International Student Identify Card (ISIC)*
- List of Medications*
- Passport*
- Site Specific Packet*

MISCELLANEOUS
- Spare cash (USD and currency of your program location)*
- Travel size first aid kit
- TSA Luggage Locks for checked bags
- Luggage Tags for checked bags
- Medication to last the full duration of your program (must be in original bottle; must carry a copy of the prescription)*
- Small bag such as a backpack or duffle bag for independent travel
- Sunglasses
- Required textbooks and other school supplies
- Travel size umbrella
- Reusable Water Bottle

DO NOT BRING
- Hair Straightener/Curling Iron/Hair Dryer
- Expensive and/or Sentimental Belongings (such as jewelry, expensive watches, etc.)
- Illegal Drugs or Drug Paraphernalia
- Weapons
- Pepper Spray

International Programs created this list based on the general needs of all program participants. However, each program is unique. We cannot guarantee that everything that is needed for your specific program is featured on this list. Reference your Site Specific packet for additional information.